



WELCOME

GUIDE





**University  
of Gdańsk**

**Dear Students and Visitors,  
We are happy to welcome you to the  
University of Gdańsk! We hope that our  
Welcome Guide will help you understand  
how to get around UG campuses and  
explore Tricity (Gdańsk, Sopot, Gdynia)  
and Poland.**



# About University of Gdańsk

The University of Gdańsk is a rapidly evolving higher education institution that embraces both tradition and innovation. With a wide range of academic disciplines, it provides education in various fields of knowledge, including professions highly sought-after in the job market. The university boasts state-of-the-art facilities spread across its campuses in Gdańsk, Sopot, and Gdynia. Today, it stands as one of the most advanced academic centres in Poland.

The mission of the University of Gdańsk is to provide the highest level of education, conduct the highest quality research, shape civic attitudes, participate in social development, and contribute to building the innovation-based economy.

The University of Gdańsk warmly welcomes all who are eager to engage, creatively commit and share their knowledge to bolster its standing and contribute to the prosperity of the academic community and the common good.



HR EXCELLENCE IN RESEARCH

The University of Gdańsk has been awarded the Human Resources Excellence in Research distinction by the European Commission.



# Our Tolerance Strategy

Tolerance & respect are some of the most important values at our University. Please accommodate your behaviour and attitude toward the rules existing in our country.

We do **not** accept aggression or discrimination due to:

- age,
- disabilities,
- ethnicity,
- gender identity,
- nationality,
- religion,
- sexual orientation,
- skin colour.

If you are affected by the above, you can count on getting help from the University Guards at the campus and the Security and Risk Assessment Office.

If you're a victim of discrimination, harassment, or bullying, please contact [ksb@ug.edu.pl](mailto:ksb@ug.edu.pl).





# General information about UG



Largest university in northern Poland



3 campuses: Gdańsk, Gdynia & Sopot



~ 22k students / ~ 1800 research & teaching staff



11 faculties / 89 fields of study



Running a Seal Rescue Centre in Hel



Ship owner – the 'Oceanograf' Research Vessel



# Campuses and Faculties

## Baltic Campus in Oliwa







**Wita Stwosza 59, 80-308 Gdańsk**  
**Dean: prof. dr hab. Dariusz L. Szlachetko**

# Faculty of Biology

The Faculty of Biology at the University of Gdańsk has a rich history intertwined with the university since its inception in 1970.

Initially taught at different faculties, biology eventually found its home at the Faculty of Biology, encompassing various fields like environmental, molecular, and marine biology, as well as biotechnology.

Today, the Faculty of Biology offers a wide range of academic programmes in Biology, Ecology, and Microbiology. It can also grant postdoctoral degrees in Biological Sciences.

With 11 departments, 23 laboratories, and two research and education stations, the faculty provides an extensive platform for scientific exploration.



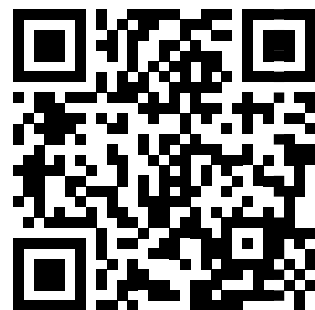


# Faculty of Chemistry

The Faculty of Chemistry at the University of Gdańsk has a fascinating history, dating back to 1945 when chemistry education began at the Teacher Training College. Officially founded in 1991, the faculty now comprises 11 departments and hosts 30 research laboratories.

With the authority to grant postdoctoral degrees in chemical sciences and doctoral degrees in disciplines like biochemistry and environmental protection, the faculty upholds high academic standards. It also has the privilege to nominate professors of chemical sciences.

Since 2013, the faculty has been situated in a modern and impressive facility spanning 29,000 square metres on the Oliwa campus. This state-of-the-art scientific and educational hub boasts 24 student laboratories, a technology hall, 190 scientific laboratories, and a complex of contemporary lecture halls. It stands as one of Europe's most advanced facilities, providing an exceptional environment for scientific exploration and education.



**Wita Stwosza 63, 80-308 Gdańsk**  
**Dean: dr hab. Beata Grobelna, prof. UG**



# Intercollegiate Faculty of Biotechnology of the University of Gdańsk & the Medical University of Gdańsk

The Intercollegiate Faculty of Biotechnology UG&MUG is a unique institution in Poland created by two universities. This leads to the interdisciplinary character of the conducted research and teaching by combining biomedical and biomolecular issues and their applications in biotechnology for health and life quality. The intercollegiate character of the Faculty allows for the use of infrastructure and expertise provided by two universities, and therefore combining the best international standards of research with the highest quality of teaching.

Abrahama 58, 80-307 Gdańsk  
Dean: dr hab. Ewelina Król, prof. UG

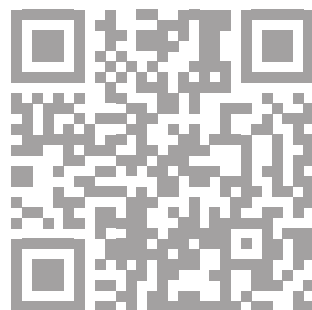




# Faculty of History

The Faculty of History was established in 2008 and comprises three institutes: The Institute of Archaeology and Ethnology, the Institute of History, and the Institute of Art History. It provides first- and second-degree studies in seven fields: Archaeology, Ethnology, History, Art History, Regional Studies and Historic Tourism, German Studies, and Religion Studies. Furthermore, it offers Doctoral Schools and five different postgraduate courses.

Wita Stwosza 55, 80-308 Gdańsk  
Dean: dr. hab. Arkadiusz Janicki, prof. UG







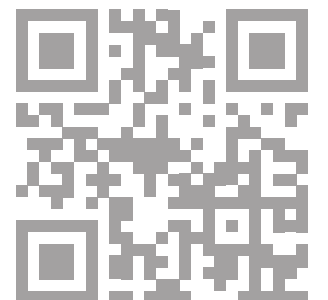
# Faculty of Languages

The Faculty of Languages boasts the broadest didactic offer and the largest number of staff and students at the University of Gdańsk. Our motto is 'Language in culture, culture in language'. The Faculty provides 20 fields of study related to languages, culture, the Baltic countries, Poland, and the Pomerania region. They belong to the following scientific areas: philology, neo- philology, and cultural studies. We offer 13 philology degree courses (of which 11 neo-philological), 6 cultural and artistic studies, and one, unique on a national scale, intercollegiate philological and medical course – logopaedics (in collaboration with the Medical University of Gdańsk). We provide nearly 100 areas of specialisation in the framework of 20 first- and second-cycle, full- and part-time degree courses. The Faculty offers doctoral studies and a wide range of postgraduate courses.

**Wita Stwosza 55, 80-306 Gdańsk  
(Faculty of Languages)**

**Wita Stwosza 51, 80-312 Gdańsk  
(Modern Languages)**

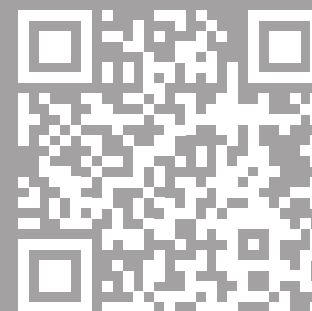
**Dean: dr hab. Urszula Patocka-Sigłowy, prof. UG**





# Faculty of Law & Administration

The Faculty of Law and Administration is a major research centre in Poland, where many different national and international research projects are carried out. The Faculty offers education in Polish and in English – master and bachelor degrees as well as numerous foreign law schools and postgraduate studies.



Jana Bażyńskiego 6, 80-980 Gdańsk  
Dean: dr hab. Wojciech Zalewski, prof. UG





Wita Stwosza 57, 80-952 Gdańsk  
Dean: prof. dr hab. Piotr Bojarski

## Faculty of Mathematics, Physics and Informatics

The Faculty consists of four Institutes, each boasting its own scientific achievements and offering specific educational possibilities.

Institute of Mathematics employs 50 scientists (including 6 full professors). Main scientific interests: real functions theory, algebra, geometry, topology, differential equations theory, probability theory, didactics of mathematics.

Institute of Informatics employs 30 scientists (including 2 full professors). Main scientific interests: combinatorics, graphs and computational geometry, scattered programming, quantum information.

Institute of Experimental Physics employs 19 researchers, (6 are full professors). Main areas of interest are: atomic spectroscopy, molecular spectroscopy, solid state physics, physics of collisions, bio- and biomedical physics, quantum interferometry, acoustics.

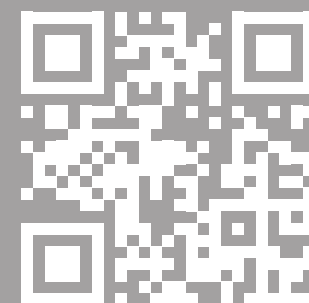
Institute of Theoretical Physics and Astrophysics employs 15 scientists (6 full professors). It is a renowned centre for quantum information theory and related topics. Other scientific interests: mathematical physics, atomic and molecular physics, computational physics.





## Faculty of Social Sciences

Jana Bażyńskiego 4, 80-952 Gdańsk  
Dean: prof. dr hab. Michał Harciarek



The Faculty of Social Sciences of the University of Gdańsk comprises the following Institutes: Philosophy, Pedagogy, Political Sciences, Psychology, Sociology, Journalism and Social Communication, Media, and Socio-Economic Geography and Spatial Management.

The didactic offer of the Faculty consists of 11 degree courses divided into:

- Bachelor's degree programmes,
- supplementary Master's degree programmes,
- long-cycle Master's degree programme,
- full-time and part-time (extramural and evening) programmes.

The Faculty is authorised to confer doctoral and postdoctoral degrees in the field of social sciences.

The seat of the Faculty of Social Sciences may be proudly described as one of the most modern in Poland, and it boasts:

- state-of-the-art lecture halls and teaching rooms with multi-media equipment available;
- specialist facilities (including observation and therapeutic rooms with Venetian mirrors);
- radio and TV studios;
- photography atelier.







# Campus in Sopot

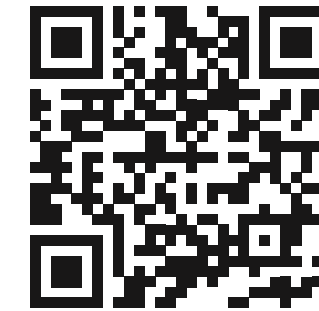


# Faculty of Economics

The Faculty of Economics of the University of Gdańsk is an academic centre enjoying full academic rights and authorised to confer bachelor's and master's degrees, as well as doctoral and post-doctoral academic degrees (doctor and habilitated doctor). It is also entitled to conduct the procedure leading to the conferment of the title of Professor. It is a prominent educational and scientific research centre in Poland in the field of economics and international economic relations. The educational offer of the Faculty of Economics comprises education in the scope of audit and taxes, business and economy, finance and banking, trade and integration, innovation and eco-business, marketing and entrepreneurship, transport and logistics, and international business.



Armii Krajowej 119, 81-824 Sopot  
Dean: dr hab. Monika Bąk, prof. UG





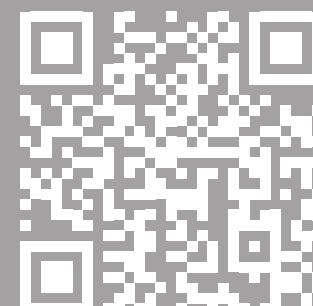


# Faculty of Management

The Faculty of Management has a rich history that dates back to 1942, when it was established as the Maritime Institute. Over the years, it evolved into the College of Marine Commerce, and later, the Sopot College of Economics. In 1970, it became part of the newly founded University of Gdańsk.

The Faculty of Management offers programmes in Management, Finance and Accounting, and Computer Science and Econometrics.

Today, the Faculty of Management is one of the largest and most popular faculties at the University of Gdańsk, attracting around 5,000 students. It is known for its high number of post-graduate students and offers part-time doctoral studies. The faculty continues to thrive as a leading institution in the field of management education.



Armii Krajowej 101, 81-824 Sopot  
Dean: prof. dr hab. Mirosław Szreder



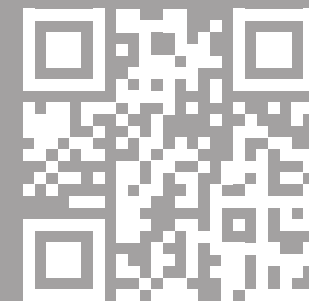
# Campus in Gdynia





# Faculty of Oceanography and Geography

The modern teaching and research base of the Faculty of Oceanography and Geography is located in Gdynia Campus. The Faculty has two field stations – the Marine Station in Hel and the Limnological Station in Borucino at Raduńskie Lake.



al. Marszałka Piłsudskiego 46, 81-378  
Gdynia Dean: dr hab. Waldemar Surosz,  
prof. UG



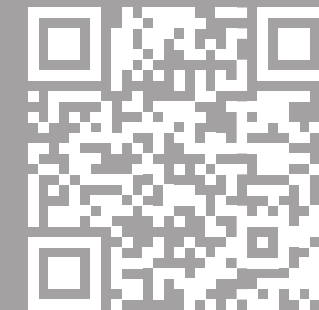


# Research Vessel 'Oceanograf'

The Faculty of Oceanography and Geography owns 'Oceanograf' – a specialised research vessel whose home port is Gdynia. This is one of the most modern research vessels operating in the Baltic Sea region, and it can also be used for commercial purposes.

The catamaran is fully equipped for interdisciplinary research in the fields of environment and wildlife of the Baltic Sea.

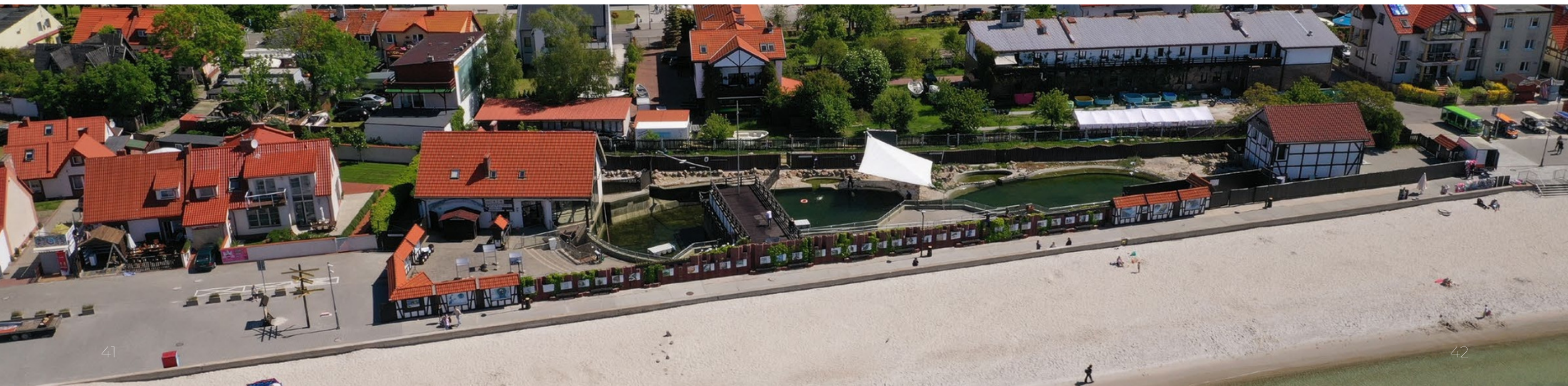
Inside the ship are laboratories, observatories, and seminar rooms for students. A variety of research is carried out using the ship, including seabed bathymetry, chemical, or geological research.





# Seal Rescue Center in Hel

The Seal Center is part of the Professor Krzysztof Skóra Marine Station belonging to the University of Gdańsk. It's a great idea for a one-day trip to visit the Hel Peninsula.

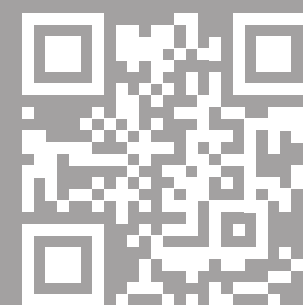




# UG Main Library

The University of Gdańsk's Library is both an academic unit and a hub for the University's information system. Located in Gdańsk-Oliwa, it is the main component of the academic library system, supported by six specialised libraries. Accessible to all, it offers a scientific library and a public centre for the wider community.

Important! In the UG main Library, you will find the Welcome Center! (see page 59)



biblioteka\_ug



biblioteka\_ug





# Educational Offer in English





# Erasmus+

Contact: [erasmus.incoming@ug.edu.pl](mailto:erasmus.incoming@ug.edu.pl)

+48 58 523 25 30

Join the Erasmus+ Study Programme for a Summer semester,  
Winter semester or the whole academic year!

Course offer for academic year 2023/2024

## Faculty of Biology



## Faculty of Intercollegiate Faculty of Biotechnology UG&MUG



## Faculty of Chemistry



## Faculty of History



History



Archeology

Ethnology, History of Art: please contact the Faculty Coordinator

## Faculty of Law and Administration



## Faculty of Social Sciences



## Faculty of Languages



English  
Philology



German  
Philology  
- Bachelor



German  
Philology  
- Master



Polish  
Philology



Russian  
Philology



Iberian  
Studies



Applied  
Linguistics and  
Translation

Roman Philology, Cultural Studies, Slavistics, Scandinavian Studies: please contact the Faculty Coordinator

## Faculty of Mathematics, Physics and Informatics



## Faculty of Economics



## Faculty of Management



## Faculty of Oceanography and Geography



Geography



Oceanography






**Important! If you have any questions about courses and Learning Agreement (LA) contact [the Faculty Coordinator](#) (it is described as 'Responsible person' in LA)**











# Full time Master's and Bachelor's Studies

Contact: [fso@ug.edu.pl](mailto:fso@ug.edu.pl)  
 +48 58 523 31 70, +48 58 523 25 56

Course offer for academic year 2023/2024

	Master's Course	Bachelor's Course
Faculty of Chemistry	 Digital Chemistry	
Faculty of Economics	 International Business  Logistics and Mobility	 International Business
Faculty of Languages		 Cultural Communication

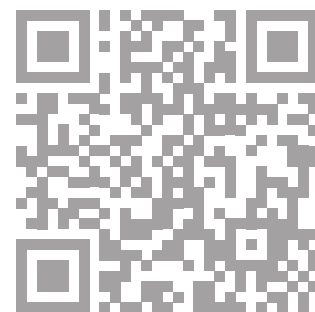
	Master's Course	Bachelor's Course
Faculty of Law and Administration	EUROPEAN BUSINESS ADMINISTRATION (BACHELOR'S) EUROPEAN AND INTERNATIONAL BUSINESS LAW (MASTER'S) <b>NEW!</b>	 Criminology and Criminal Justice
Faculty of Management	 Finance and Accounting  Informatics and Econometrics, spec. Business Informatics  Management	 Finance and Accounting, spec. Financial Analyst
Faculty of Mathematics, Physics and Informatics	 Quantum Information Technology	
Faculty of Oceanography and Geography	 Marine Biotechnology	
Faculty of Social Sciences	 Tourism and Hospitality	<b>GLOBAL STUDIES (MASTER'S)</b> <b>NEW!</b>



# Polish language course

If you would like to learn the Polish language during your stay in Poland, you can join the course at our Academic Centre of Polish Language and Culture for Foreigners.

For more information, please visit:



## Academic Calendar 2023/2024

### Winter semester

Beginning of term **02.10.2023**

End of term **28.01.2024**

Exam period **29.01.2024- 09.02.2024**

Christmas break **23.12.2023-02.01.2024**

### Summer semester

Beginning of term **19.02.2024**

End of term **16.06.2024**

Exam period **17.06.2024– 28.06.2024**

Easter break **29.03.2024 – 02.04.2024**

## Public holidays

January 1 (New Year)

January 6 (Epiphany)

April 9–10 (Easter)

May 1 (Labour Day)

May 3 (Constitution Day)

June 8 (Corpus Christi)

August 15 (Armed Forces Day, Assumption Day) November 1 (All Saints' Day)

November 11 (Independence Day)

December 25–26 (Christmas)





# Sports classes

Academic Sports Association (AZS) is a perfect place for all athletes who would like to continue their sports adventure. If you are interested in training in our sports sections, just send us an email for more info:





# Psychological Support Centre

At the UG Psychological Support Centre, we are dedicated to fostering your overall well-being and academic success. We understand that university life can bring both exciting opportunities and unique challenges, and we are here to provide you with the support you need to thrive.

Our team of experienced and compassionate psychologists is here to listen, understand, and assist you in navigating various aspects of your life, whether they are academic, personal, or emotional.

We offer a safe and confidential space where you can explore your thoughts and feelings, develop coping strategies, and work towards your goals.

Our one-on-one counselling sessions (max. 3) provide you with a personalised and supportive environment to address concerns such as stress, anxiety, relationships, and more.

**Reach Out:** Contact us to schedule an appointment or inquire about our services. We are here to listen and help. Please write an email: [cwp@ug.edu.pl](mailto:cwp@ug.edu.pl)

**Confidentiality:** Your privacy is our priority. All sessions are strictly confidential and conducted in a safe, non-judgmental space.

Remember, seeking support is a sign of strength, and we are here to support you every step of the way. Your well-being matters to us, and we look forward to being a part of your journey at the university. However, in case of risk to your health or life, contact the emergency phone number 112 or the nearest police station.



**Please visit our website:** [www.centrumwsparcia.ug.edu.pl](http://www.centrumwsparcia.ug.edu.pl)

**Let's work together to create a positive and thriving university experience!**

The UG Psychological Support Centre is located:  
Bażyńskiego 1a Street, room 313 (3rd floor)  
80-309 Gdańsk

Please contact us via email ([cwp@ug.edu.pl](mailto:cwp@ug.edu.pl)) before visiting



## University of Gdańsk Career Office

Career Services were established at University of Gdansk in 2000. We act as an interaction platform for students and employers and strongly believe that this interaction benefits both sides on many different levels. Cooperating with employers and organisations, Career Office builds and develops links to job market, hoping to bring students some new opportunities and positively impact their future career.



## International Office

UG International Office is engaged in various programmes which are vital for University international cooperation. Among a variety of grants and project opportunities, IO is involved in the following:

- EU and non-EU Erasmus+ Programme, which encompasses mobility for Students and Academic and Administrative Staff (incoming to UG or outgoing from UG), as well as internships for UG Students
- NAWA governmental scholarships ([Polish National Agency for Academic Exchange](#))
- [Visiting Professores Programme](#)

**If you have any questions, doubts or need help, don't hesitate to contact us both in English and Polish!**



You can find us in the Rectorate building located in the Oliwa Main Campus.

Our rooms are on the **2nd floor**.  
Incoming Erasmus Students - **room 222**  
Outgoing Erasmus Students - **room 202**  
Incoming Full-time Students - **room 207**





## Welcome Centre

Our Welcome Centre, which is a part of the International Office, is designed for every international student, academic employee, and researcher as a place where we will advise you on how to prepare for your stay in Gdańsk, what to do upon arrival, and where to go; we will explain internal procedures and help you find answers to any questions you might have.

We will also give you all sorts of tips on finding accommodation, emergency and other information about staying on our campuses. Our mission is to raise the standard of service to foreigners, to make it easier for foreigners to function in Polish and university realities, as well as to introduce foreigners to Polish culture and to strengthen the image of UG as an open and foreign-friendly university.



Welcome Centre is located in UG Main Library R055.

Office hours:  
Monday - Friday 7am - 3pm

## Legalisation of your stay in Poland

**In the Welcome Centre we can help you with  
Legalisation of your stay in Poland!**

EU citizens don't need a visa to study in Poland. They are allowed to stay without any official permission for up to 3 months.

Those willing to stay longer have to obtain a certificate of temporary residence for an EU citizen from Voivodship Office in Gdansk.



Legalisation of stay in Poland - EU Countries

- EU, EFTA and OECD citizens are obliged to register their residence within 3 months from the day of arrival to Poland.
- Place: Pomorski Urząd Wojewódzki w Gdańsku 21/27 Okopowa street Gdańsk, room 93 (entrance from Rzeźnicka street)
- Payment: free of charge
- Required documents:
  - 4 filled application forms; 4 copies of passport or ID;
  - 4 copies of accommodation registration issued by City Hall;
  - confirmation of registration at the University of Gdańsk (issued by Dean's Office);
  - copy of insurance policy, e.g. European Health Insurance Card (EHIC);
  - confirmation of financial means;



Non-EU/EEA citizens may enter Poland with a valid travel document (passport) and a visa (if required/subject to the country of origin). The visas can be obtained from the Polish consulate in the student's country of residence.

**Students are obligated to apply for a visa for the whole period of their stay in Poland.**

#### Legalisation of stay in Poland – non-EU Countries

- Application form for the temporary residence permit;
- Passport copy;
- Confirmation of registration at the University of Gdansk – Dean's Office;
- Confirmation of payment for studies – International Office;
- Health insurance covering treatment in Poland (If it's issued in language other than Polish, it has to be translated to Polish by sworn translator);
- Confirmation of sufficient financial support.

Send an email to [welcome@ug.edu.pl](mailto:welcome@ug.edu.pl) for assistance in applying for a residence permit.

## Health Insurance



EU students are required to obtain a European Health Insurance Card (EHIC) issued in their home country valid for the whole period of their stay at the UG. For more information please visit [the web page of Polish National Health Fund \(NFZ\)](#).

Non-EU students are required to obtain commercial health insurance, valid for the whole period of their stay at the UG; it must provide coverage for medical expenses, treatment and assistance in transportation that might be required in emergencies. Another option is getting a Polish National Insurance (NFZ), which will provide you with complete health assistance.

For more information please contact [welcome@ug.edu.pl](mailto:welcome@ug.edu.pl)



# Accommodations

## Student Dormitories

The University of Gdańsk offers a limited number of residence rooms in our dormitories (pol. Domy Studenckie (DS) or akademiki). Upon completing the application procedure, all eligible incoming students will receive detailed email instructions on how to apply online for student housing. All accepted students are entitled to apply for dormitory accommodation.





From the moment of your registration in one of the university's dormitories, all the matters connected with your accommodation have to be reported to its administration.

### **Dormitory No. 3 (Oliwa Main Campus)**

Polanki 65, 80-306 Gdańsk  
[ds3@ug.edu.pl](mailto:ds3@ug.edu.pl)

### **Dormitory No. 4 (Oliwa Main Campus)**

Polanki 66, 80-306 Gdańsk  
[ds4@ug.edu.pl](mailto:ds4@ug.edu.pl)

### **Dormitory No. 5 (Oliwa Main Campus)**

Polanki 64, 80-306 Gdańsk  
[ds5@ug.edu.pl](mailto:ds5@ug.edu.pl)

### **Dormitory No. 6 (City Centre – close to Old Town & railway station)**

Podwale Przedmiejskie 20, 80-824 Gdańsk  
[ds6@ug.edu.pl](mailto:ds6@ug.edu.pl)

### **Dormitory No. 7 (close to Faculty of Economics & Faculty of Management)**

Armii Krajowej 111, 81-824 Sopot  
[ds7@ug.edu.pl](mailto:ds7@ug.edu.pl)

### **Dormitory No. 10 (Oliwa Main Campus)**

Macierzy Szkolnej 4, 80-308 Gdańsk  
[ds10@ug.edu.pl](mailto:ds10@ug.edu.pl)

### **Dormitory No. 11 (Gdańsk Brzeźno)**

Chodkiewicza 14, Gdańsk-Brzeźno  
[ds11@ug.edu.pl](mailto:ds11@ug.edu.pl)



Apart from dormitories offered by the UG there is a **Private Dormitory** available for incoming students called the **Student Depot**. It is located in [Gdańsk 80-391, Kołobrzaska 36](https://www.gdansk80-391.pl)

**Phone:** [697-126-788](tel:697-126-788)

**Website:**

[www.studentdepot.pl/pl/dormitory-gdansk](http://www.studentdepot.pl/pl/dormitory-gdansk)

**E-mail:** [gdansk@studentdepot.pl](mailto:gdansk@studentdepot.pl)

## **Rented rooms/flats and apartments**

If you want to rent a room or flat, visit:

<https://erasmusplay.com/en/>  
[www.trojmiasto.pl](http://www.trojmiasto.pl)  
[www.olx.pl](http://www.olx.pl)  
[www.otodom.pl](http://www.otodom.pl)

Renting a room can cost 500-800 zł\* a month.

Renting a flat/apartment costs in the region 1200-2500 zł\* a month, depending on the size, standard and location.

Students typically get together to rent apartments in a group in order to lower individual costs.

\*It's an approximation of prices, check websites for up-to-date information.

### **Hotels**

If you are only in Tricity for a short time, there's a wide range of hotels with a wide range of price and quality throughout the Three Cities. For details see: <http://noclegi.trojmiasto.pl>

**The International Office is not involved in helping with renting private accommodations.**

## **Wifi on UG**

Eduroam wireless network is available in all faculty and administrative buildings of University of Gdańsk, in dormitories 3 and 4, plus at the receptions of Dorms 5, 6, 7, and 10.

**More information:** <https://en.ug.edu.pl/university/it-services/wifi>





# Students organisations

There are various student science clubs you can join!





## Welcome to the University of Gdańsk, international students!

We would like to warmly invite you to join the events organised by our student organisation – ISA UG, the International Students Association. We are here to make your experience of studying in our beautiful city not only educational, but also full of unforgettable adventures and great memories.

What do we do? We organise a variety of events, excursions and get-togethers for you to meet new people, discover the charms of the city and spend time in a unique way. We can also offer you the chance to take part in the Mentor Programme, which is a fantastic opportunity to have on-site support from an experienced student who can help you find your feet in a new environment, answer questions, and share their knowledge.

Together we create a community where everyone has the chance to integrate, develop their interests and learn about other cultures. If you want your adventure at the University of Gdańsk to be unforgettable, follow ISA UG on social media, join our events and let yourself be carried away by the multicoloured world of possibilities!

**We look forward to welcoming you with open arms,  
ISA UG team**





### Religious Studies Science Club

of the University of Gdańsk is a small and welcoming group of enthusiasts aiming at learning everything there is to know about religious phenomena. We engage in various activities to both educate ourselves and our contemporaries in matters of science, broaden our horizons, and obtain valuable experience.



### Interdepartmental Science Club Neptun TV

is a student television set up in 2019 on the initiative of students of Journalism and Social Communication and Knowledge of Film and Audiovisual Culture. Our regular programmes, event reports, interviews, and live broadcasts are available on the Neptun TV channel on YouTube.







Naukowe Koło Logistyki

### The Logistics Students' Club

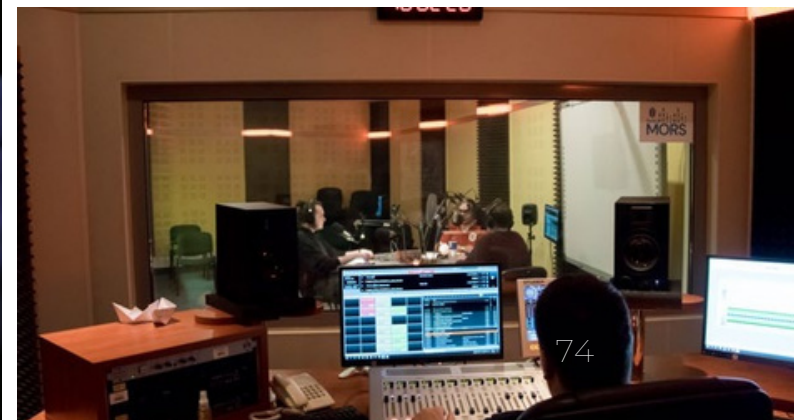
gathers students from the University of Gdańsk who are in love with logistics and looking for opportunities to put their theoretical knowledge gained at the University into practice. These are achieved mainly through meetings with logistics managers, study visits to companies, conference trips, and the conferences organised by us: 'Sopot logistics workshops' and 'Logistics in theory and practice'.



### Radio MORS – Mega Otwarte Radio Studenckie

(Radio MORS – The Mega Open Student's Radio)  
Naukowe Koło Radiowców (Student's Club of Radio Journalists)

Join the group of enthusiastic people creating our academic radio station. You can run news services in English, be a reporter, or host a radio show. If you want to be a journalist, Radio MORS is a good place to start!





Here at the **Students' Science Club for Chemistry** we strive to bring together people of all backgrounds through our love of science. We offer an opportunity to take part in various scientific conferences, participate in competitions as well as organise events such as displays or workshops that help promote chemistry to the public.



**LINGUANA** Specialized Translation Research Club is a place for all students interested in specialised translation, people with a lot of energy, ideas, and a quirky sense of humour. If that's your cup of tea and your level of Polish makes it possible for you to participate in translation projects, feel free to check us out. The Lizard doesn't bite!





### Koło Tłumaczeń Ustnych SYMULTANA

provides interpreting services for some of the events at the University of Gdańsk. On a daily basis, we meet with the members to practice our skills, develop our technique, and correct our interpretations.

For Erasmus+ students, we can offer training in the use of simultaneous interpreting equipment such as the booth, and practice taking notes for consecutive interpreting. We are able to show the work of an interpreter from behind the scenes, and introduce new students to our world.

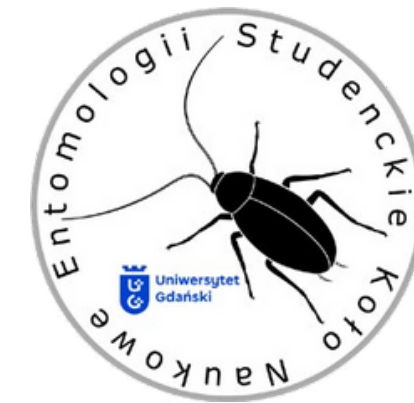
As we interpret in a Polish-English language pair it will be rather difficult for us to discuss mistakes and word choice during our practice interpreting with students who do not know Polish, but we can always work something out together if you are willing to try :)



### The Entomology Student Science Club

of the University of Gdańsk provides an opportunity to learn about entomology in the field as well as in the laboratory – with material preparation and species identification.

Our main projects at the moment are insect biodiversity and study of presence and conservation of wing interference patterns (WIP's) of various insect taxa. We also provide opportunities to start new, in-house projects on entomological topics, as well as to participate in pop-science events not only in our Department and University.







### Pomorania Student Club

works for the development of Kashubian language and culture. Our actions are mostly directed to secondary school students, however, we take part in a lot of activities promoting the Kashubian area. Not only will you spend some nice time here, but also possess many organisational skills.



We are **The Club of Chemical Business** and our main goal is sharing chemical and economical knowledge between students of Chemical Business degree at the Faculty of Chemistry. We take great effort to propagate chemical knowledge by organising shows and workshops for elementary and high school students. We also provide our members with possibilities of expanding their knowledge by going to various chemical conferences.





Hello everyone!

We are **Middle Circle (Koło Środka)**, a student activity group, open for anyone interested in Chinese culture. Our activities include teaching and playing mahjong together, Chinese text translation, and organising events related to Chinese festivals. Feel free to come visit us!



### Scientific Circle of Historians

at the University of Gdańsk is a group of young people who are keen on history and are interested in conducting research in the field. If you would like to meet other students sharing similar hobby, to participate in conferences or extra classes, to visit amusing places, feel free to contact us.







The Section for Asian Studies of **The Political Science Club "Politicus"**

is a students' research group focusing on Asian politics and society. Our activities include academic work as well as promoting and celebrating Asian culture.



# DOŁĄCZ DO SEKCJI AZJATYCKIEJ



SEKCJA AZJATYCKA

MIĘDZYWYDZIAŁOWEGO KOŁA POLITOLOGII UG  
OPIEKUN SEKCJI: DR KORNEL BIELAWSKI



INSTAGRAM

MAIL: ASIA.POLITICUS@GMAIL.COM



## Student Association of Classical Philologists and Mediterranean Studies

at the University of Gdańsk.

As the Student Association of Classical Philologists, we focus on studying and translating ancient texts. During our meetings, we also aim to share knowledge about the ancient world, primarily the Greco-Roman period, by preparing presentations, engaging in discussions, and exchanging experiences from academic conferences and lectures.

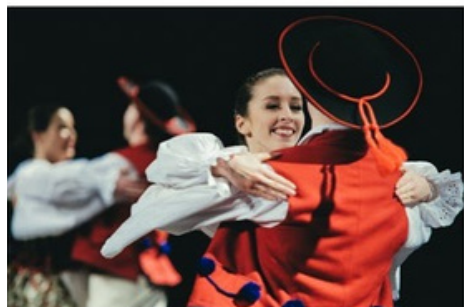




Are you ready to step into the world of artistic expression and collaboration? Join us and dive into the magic of dance, music, and theater. Whether you're a seasoned performer or a curious beginner, our welcoming ensembles provide the perfect platform to nurture your talents and explore new horizons.

Experience the thrill of the spotlight as you dance across the stage with Folk Song and Dance Ensemble 'Jantar', create beautiful sounds with Academic Choir or Gdansk Academic Orchestra or bring captivating stories to life through theater in one of our groups. Passionate instructors will support you every step of the way, fostering an environment of growth, inspiration, and lifelong friendships.

Don't miss out on this incredible opportunity to share your voice and passion, and to create unforgettable memories. Join us in the joy of creativity, the power of unity, and the thrill of performance. Embrace your artistic journey with us today!



# AKADEMICKIE CENTRUM KULTURY UG

## ALTERNATOR



# AKADEMICKI CHÓR UNIWERSYTETU GDAŃSKIEGO





# First steps in Tricity





# Transport to UG



The train station is located outside of the arrival hall, straight across from the exit. The tickets can be purchased from the ticket machines located at the terminal or on the train platform.

Option 1. Travelling by REG train from Gdańsk Port Lotniczy to Strzyża station:

- Ride for around 16 min (7 stops),
- Get off the train at Strzyża station,
- Take the tram from Strzyża PKM 01 tram station (No. 5, 6 or 12) for around 2 minutes (2 stops),
- Get off at Bażyńskiego 01 station.

Or • Ride 4 minutes (2 stops).

- take the train, get off at Strzyża station and walk for about 15 min (1.2 km).



**Option 2.** Travelling by REG & SKM train from Gdańsk Port Lotniczy to Gdańsk Przymorze Uniwersytet station.

- Ride for around 21 minutes (8 stops),
- Get off at Gdańsk Wrzeszcz station,
- Change to SKM train towards Gdańsk Przymorze Uniwersytet station,
- Ride 4 minutes (2 stops).



## By taxi

Order a taxi via an app and ride ~ 12km.



The nearest tram stops to the campus: **'Uniwersytet Gdański'** and **'Bażyńskiego'** (trams number 2, 4, 5, 6, 8, 12).



The nearest bus stops to the campus: **'Przymorze SKM'** (buses number 199, 249, 149) and **'Biblioteka UG'** (buses number 199, 122).



All 3 cities are well connected by SKM – Tricity Rapid Rail. The nearest SKM stop to the UG is 'Gdańsk Przymorze Uniwersytet'.  
The Tricity is served by only one SKM line.

Check the Jakdojade app to plan the most convenient means of public transport. You may buy the ticket online or use ticket machines at the stops.





## Climate and weather

The local climate is significantly influenced by the Baltic Sea. During the summer, prevailing winds come from the west and northwest. Conversely, in the winter, winds predominantly arrive from the mainland. The winter season also brings storm winds from the sea, carrying a substantial amount of moisture to the urban area. This phenomenon results in a perceived temperature much colder than the actual reading on the thermometer.

Gdańsk experiences pleasant and partially cloudy summers, while its winters are extended, marked by intense cold, snowfall, strong winds, and predominantly cloudy skies.

According to the tourism score, the optimal period for engaging in warm-weather activities in Gdańsk is from late June to late August.



## Public transport

Public Transport in Gdańsk and Tricity is very well organised. The main means of transport in Tricity is the SKM railway, which connects all three cities and is the fastest means of transport. Additionally, trams and buses are also available. Public transport operates both day and night, weekends and holidays. If you are a student, you can use your student ID to get a discount on tickets.

Timetable for public transport as well as information about tickets are available online:

Gdynia: [zkmgdynia.pl](http://zkmgdynia.pl) (Trolleybus and Buses)

Gdańsk: [ztm.gda.pl](http://ztm.gda.pl) (Trams and Buses)

Tricity: [skm.pkp.pl](http://skm.pkp.pl) (Commuter rail)

Both Gdańsk and Gdynia transport systems connect with Sopot!

Timetable is also connected within Google Maps navigation.

There are different tickets for trams and buses and different tickets for commuter rail. You may buy long-term tickets (monthly tickets and semester tickets). You may also encode a long-term ticket on your electronic student ID card.





**Water tram** (pol. Tramwaj Wodny) (connections to seaside resorts) - water trams travel between stops in Tricity and on Hel Peninsula. Stops are: Kościuszko Square in Gdynia, The Molo (Pier) in Sopot, and the Motława in Gdańsk .

For more information: <https://www.zegluga.pl/cruise-gdynia-hel>  
If you are interested in trips outside Tricity to see the whole beautiful Pomeranian Voivodeship, including Kashubia, check out:

[Pomorskie Must See 1](#)

[Pomorskie Must See 2](#)

[TripAdvisor](#)

Timetable for public transport for longer distances as well as information about tickets are available online:

Trains: <https://www.pkp.pl/en/>

Buses: <https://www.pks.gdansk.pl/>

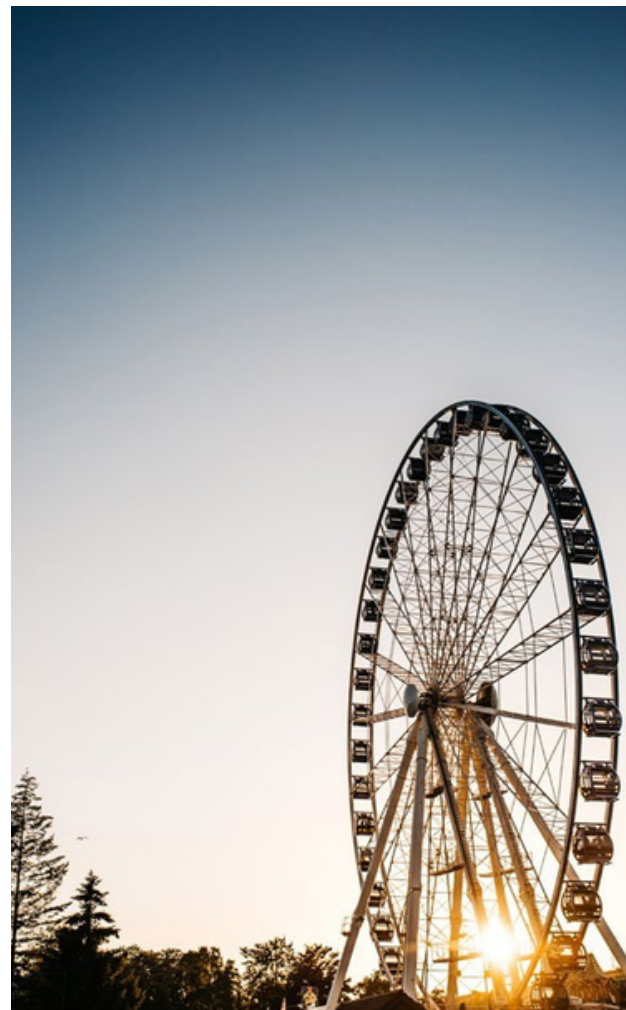
Finding connections: <https://en.e-podroznik.pl/>

### Useful apps

Public transport planners  
Google Maps, SkyCash, Jakdojade, Moovit and others

### Taxi

Uber, FreeNow, Bolt and others



## Shopping

Various kinds of stores can be found in Poland. The most popular chain stores are: Carrefours, Kaufland, Lidl, Aldi, Netto, Intermarche and Biedronka (eng. 'a ladybug'). Home improvement and construction products can be found in Castorama, Leroy Merlin, Ikea, Jysk and Obi. In Tricity, there are several shopping malls, but the most popular and largest ones are Forum Gdańsk in Gdańsk city centre, Galeria Bałtycka in Gdańsk-Wrzeszcz, and Riviera in Gdynia. Apart from shopping, these malls offer a wide range of services, including banks, restaurants, gyms, and cinemas.

Expect shorter opening hours of shops on Saturdays than on weekdays, and some stores remain closed on Sundays. You should know that most of the gas stations are open 24/7 including holidays, and they usually allow some basic grocery and food shopping.

Approximate prices of certain products from stores in Gdańsk in July 2023 (dlahandlu.pl):

Bread 1kg 5-12 PLN

Roll 1pc. 0,3-2 PLN

Tea 1pkg (100 pcs.) 15-50 PLN

Coffee 250g 20-20 PLN

Chocolate 100g 4-7 PLN

Cereal 250g 3-7 PLN

Jam 280g 4-7 PLN

Cooking oil 1l 6-11 PLN

Butter 200g 5-7 PLN





Cottage cheese 200g 2,5-4 PLN  
Toothpaste 125ml 7-15 PLN  
Eggs 10pcs. (the cheapest) 6,5-10 PLN  
Soap 100g 3,5-10 PLN  
Cheese 1kg 6-40 PLN  
Shampoo 250ml 5-20 PLN  
Milk 1l 3-5 PLN  
Washing powder 400g 5-13 PLN  
Orange juice 1l 2-6 PLN  
Bottled water 1l 2-4 PLN  
Flour 1kg 2,5-5 PLN  
Sugar 1kg 6-7 PLN  
Salt 1kg 1,5-7 PLN  
Pasta spaghetti 500g 4-7 PLN  
Sausages 250g 4,5-6 PLN  
Pork ham 450g 8-34 PLN  
Whole chicken 1kg 8-18 PLN  
Pork meat 1kg 15-30 PLN  
Herring in oil 650g 3-30 PLN  
Polish pork sausage 1kg 20-30 PLN  
Bananas 1kg 4-8 PLN  
Apples 1kg 2-4 PLN  
Lemons 1kg 7-10 PLN  
Oranges 1kg 3-8 PLN  
Potatoes 1kg 2-7 PLN  
Tomatoes 1kg 3,5-13 PLN  
Paprika 1kg 9-18 PLN  
Mushrooms 1kg 10-16 PLN  
Toilet paper 8pcs. 6-9 PLN  
Dish soap 1l 5,5-28 PLN



## Beauty parlours

Check out available places online, you can use e.g. Booksy app.  
Hair cutting (men) 50-80 PLN  
Hair cutting (women) 60-120 PLN  
Manicure 40-70 PLN  
Pedicure 100-120 PLN

There are student friendly places, look for them while strolling around the city!



## Cultural life

Gdańsk



The capital of the Pomeranian region, a city of more than a thousand years of tradition, the symbolic spot where the Second World War started. When you visit Gdańsk, you'll see right away the beauty of the architecture of the Old Town and you'll be able to enjoy a wide range of culture, from museums to lots of monuments, but Gdańsk is not just about history. It's a city throbbing with life. You'll find here all the entertainment and good food that come with any large city.

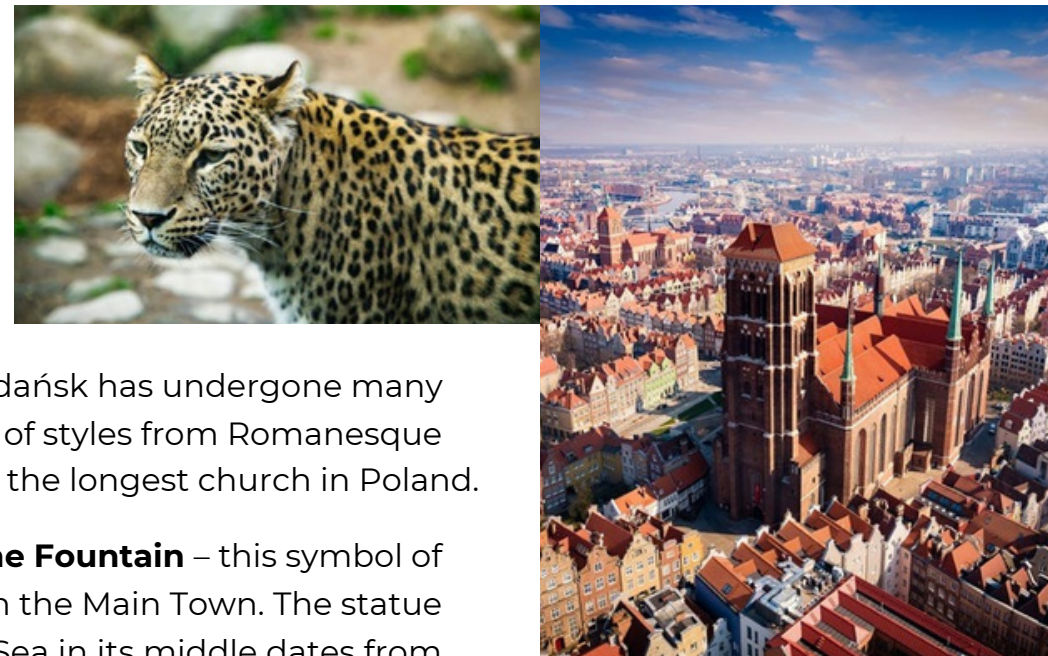
What's worth seeing?



**ZOO** – come to see the Tricity’s zoo. On its 120ha site, you’ll be able to look at exotic animals from all the continents of the world.

**Oliwa Park** – the last of what was once a whole set of city parks. Here you’ll find peace and quiet in one of the avenues, Botanical Garden or in the Palm House.

**Oliwa Cathedral** – founded in 1186. Oliwa Cathedral in Gdańsk has undergone many changes in the course of its existence. It’s a combination of styles from Romanesque through Gothic and Baroque right up to the modern. It’s the longest church in Poland.



**St. Mary’s Basilica (pol Bazylika Mariacka)** – this is the largest brick Gothic place of worship in Europe.

**Arthur’s Court (pol. Dwór Artusa)** – built between 1476 and 1481, it was a place of meetings, banquets, weddings. Plays were performed here, too. From 1742, it was a stock-exchange.

**Long Market (pol. Długi Targ)** – walking through Długi Targ, you feel the unique atmosphere of Gdańsk’s Main Town with its distinctive architecture and its wide range of entertainment and fine dining. Długa Street, which runs perpendicularly to the Motława River from the Golden Gate to the Green Gate, is a must-see.



**The Neptune Fountain** – this symbol of Gdańsk stands in the Main Town. The statue of the King of the Sea in its middle dates from

**The Town Hall (pol. Ratusz)** – there’s no precise date for the building of the Town Hall., but it’s estimated that the first phase of the construction took place in the years 1379-1382.

At present, it holds the headquarters of the

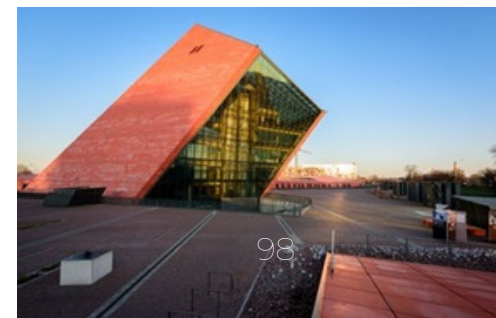
City of Gdańsk Historical Museum.

**Westerplatte** – where the Second World War started. You can visit the cemetery of the Polish soldiers who died here in 1939, Guardhouse no. 1, the ruins of the barracks, Guardhouse no. 3, a tank, and the Westerplatte Monument that was built after the War.

**European Solidarity Center** – the Center celebrates the people and the ideas that helped to build civil society in Poland. It’s a meeting place for people who care about the future of the world. It’s a venue for conferences, debates, projects for children and young people, plays, and film shows. It also offers a home for NGOs that work for the common good, for freedom and human rights.



**The Museum of the Second World War** – the museum spreads knowledge and cultivates the memory of that period in the history of the world.





## Sopot



Sopot is the smallest of the Three Cities, but no less important for that. Sopot is a well-known seaside resort and spa. It never sleeps. It's a place where artists, university people, and tourists meet. Here you'll find exhibitions, concerts, festivals, conferences, and international conventions. It's famous for its wonderful beaches, its streets full of cafes, restaurants, clubs, and art galleries. It offers a breath of fresh air after a hard day in the city.

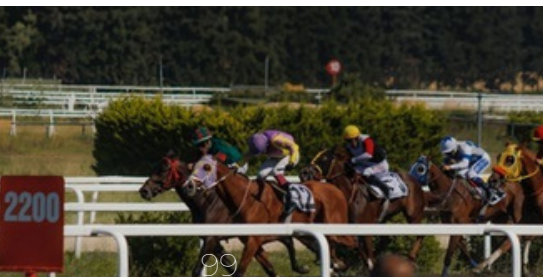
What's worth seeing?

### **Monte Cassino Street (commonly known as 'Monciak')**

– Sopot's flagship street is one of the places most visited by tourists. Here you'll find many restaurants, pubs, clubs, and cafes.

**Pier (pol. Molo)** – at 315 m, it's the longest wooden pier in Europe.

**The Opera in the Woods (pol. Opera Leśna)** – a summer amphitheatre, covering 4 hectares, in which big Sopot concerts and festivals are held.



**The Horse Race Track (pol. Hipodrom)** – most days it's a place of peace and greenery, and then it bursts into throbbing life when there are riding competitions, exhibitions, and other large-scale events.

## Gdynia



As opposed to Gdańsk, Gdynia is a relatively young city, but it is a very modern and rapidly developing one. Its modern architecture and its maritime character are distinctive. The city is throbbing with life and has many tourist attractions, such as its lovely promenades, marinas that organise boat trips, and great sea views from its nearby cliffs.

What's worth seeing?

**The Sea Boulevard (pol. Bulwar nadmorski)** – the Boulevard is the most popular place for a stroll in Gdynia. It's 1.5 km long and is great for just walking or for running, roller skating, or biking.

**Kościuszko Square** – tourists love to stroll here. It's full of different kinds of entertainment and eating places. You can visit ORP Błyskawica, a Second World War warship that's moored here. You can also see the tall-masted sailing ship Dar Pomorza. Big outdoor events are held here.

**The Marina** – you can really enjoy the sea here. You can take trips on the fast motor boats or sailboats, and you can gaze at the luxury yachts moored in the marina.





**The Gdynia Aquarium** – located on Kościuszko Square, the Gdynia Aquarium gives you a chance to see exotic fish from all over the world here in the centre of the city. The Aquarium has an extensive education programme for those who want to know more about sea life.



**The Cliff Walk** – if you want to get some great views, take a walk along the Gdynia Cliffs. The path runs from the pier in Orłowo to the Sea Boulevard in the centre of Gdynia.



**The Pier in Orłowo** – it measures 180 m and it's open the whole year free of charge.

**Infobox** – an information point where you can find out all about Gdynia, take part in cultural events, and take in great views from the viewing point.

**Emigration Museum** – the museum is dedicated to the history of Polish emigration to all continents.



**Experyment Science Centre** – is a place with interactive exhibitions and a space for creative experimentation for people of all ages. The centre encourages people to discover and learn about the world.

## Theatres

- [Wybrzeże Theatre in Gdańsk](#)
- [Musical Theatre in Gdynia](#)
- [Shakespearean Theater in Gdańsk](#)
- [Atelier Theater in Sopot](#)



## Galleries

- [Gdańsk City Gallery](#)
- [Modern Art Center ŁAŻNIA](#)
- [Gallery of the Association of Polish Artists and Designers](#)

## Operas and Philharmonic

- [Baltic Opera in Gdańsk](#)
- [Forest Opera in Sopot](#)
- [Polish Baltic Philharmonic](#)





If you're looking for interesting events in Tricity, a list of restaurants or clubs, or if you need some specialist service, we recommend the portals:

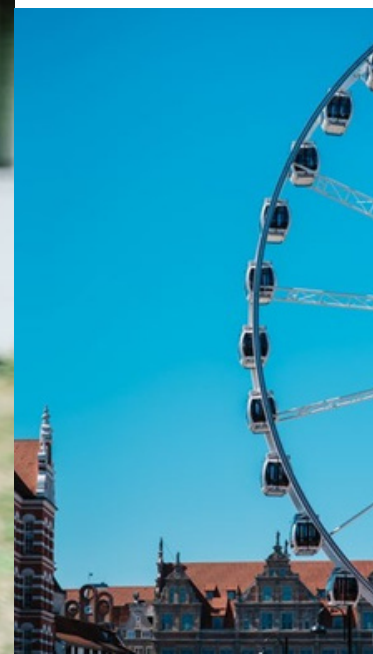
- [www.trojmiasto.pl](http://www.trojmiasto.pl)
- <https://visitgdansk.com/en/>
- <https://visit.sopot.pl/en/>
- <https://www.gdynia.pl/turystyczna-en>

They gather together in an accessible form all the information needed. You'll be able to check what's on in the cinema, the weather, and the most interesting current events and goings on about town.

## Sports & activities

If you prefer to spend your time actively, Tricity offers plenty of options. You can explore beautiful parks like Oliwa Park or Reagan Park in Gdańsk, North Park in Sopot, and Kolibki Park in Gdynia. In addition, there are swimming pools and aqua parks in the region, such as the Aquapark in Sopot, Aquapark in Reda, and pools in Gdańsk-Chełm or Gdańsk-Osowa. For sports lovers, Tricity offers a wide range of activities, including walking, jogging, cycling & rollerblading paths, skateboarding parks, shooting ranges, go-kart tracks, climbing walls, and trampoline parks.

In addition to these activities, there are places outside of Tricity that are worth visiting. The Kashubian region, for example, is famous for its majestic forests and lakes, and in winter, ski tracks are popular with the public, with the most well-known one being in Wieżyca. In the summer, the Hel Peninsula is a great place to discover watersports.





## Events

Throughout the year, there are several recurring events that take place in the area. In the summertime, it's a season of music events, with the Open'er festival being one of the most popular due to world-renowned artists performing for four days. The Top of the Top Sopot Festival at Forest Opera is also an event worth attending.

Every August, Gdańsk's Old Town hosts the [St. Dominic's Fair](#), a tradition that dates back to 1260. The fair brings together merchants from all over Poland; the visitors can admire and purchase antiques and handicrafts or watch various artistic performances. Gdańsk is also known for its Christmas Fair, which usually starts at the beginning of December.

If you want to relax after classes you can visit:

- Index Klubokawiarnia: 'A local cafe-club in the heart of Gdańsk's Oliwa, founded with the intention of celebrating leisure time'.

Address: Polanki 66, Gdańsk

Social media: [index\\_klubokawiarnia](#)

You can always check all upcoming events in Tricity online e.g.:

<https://www.yourtricity.pl/best-cities-to-visit-in-Poland>

<https://www.poland.travel/en/cities/gdansk-and-tricity>

- B90 Club [www.b90.pl](http://www.b90.pl)



## Emergency contact numbers

112 - Emergency assistance

997 - Police

998 - Fire department

999 - Ambulance

If you are unwell, you may visit one of the Tricity hospital emergency departments (in Polish - SOR). Here are the addresses:

- Gdańsk, Nowe Ogrody 2
- Gdańsk, Jana Pawła II 50
- Gdańsk, Smoluchowskiego 17
- Sopot, Chrobrego 10
- Gdynia, Wójta Radtkego 1

Pharmacies 24/7 in Tricity (pol. Apteka):

- Gdańsk, Grunwaldzka 104/106,
- Gdańsk, Kołobrzeska 32
- Gdynia, Kaszubski Square 8
- Gdynia, Morska 127





# First steps in Poland

Poland is a country in Central Europe, with Warsaw as its capital city. With a population of ~38 million people, Poland is a beautiful country with diverse landscapes including mountains, green areas, and the sea. Additionally, it has a rich and complex history and is a home to numerous museums, galleries, theatres, and operas. Polish cuisine is also renowned and includes dishes such as dumplings, noodles, meat, and potato dishes.

## Language

Polish is the official language of Poland and it is estimated that it is spoken by ~44 million people worldwide. It belongs to the West Slavic group of languages, based on the Latin script, and shares linguistic ties with Czech and Slovak. The Polish alphabet comprises 32 letters, including diacritics that modify the pronunciation of letters. While learning Polish might seem challenging due to its complex grammar and unique sounds, mastering this beautiful and rich language can be rewarding for both personal and professional purposes.

If you are interested in learning Polish during your stay in Poland, you can enrol in a course offered by the Academic Centre of Polish Language and Culture for Foreigners at the University of Gdańsk. For more information, see page 51.



## Currency

The currency in Poland is the Polish złoty (it can be translated as 'a piece of gold'). In the foreign exchange market, the Polish currency, known as złoty (abbreviation: zł), is symbolised as PLN. One złoty is further subdivided into 100 smaller units called grosz (abbreviation: gr). Banknotes in circulation include 10, 20, 50, 100, 200 and 500 PLN, while coins come in denominations of 1, 2, and 5 złoty and 1, 2, 5, 10, 20, 50 grosz.

Currency rates change very quickly. The best option is to check the actual one on the Polish National Bank website: <https://nbp.pl/en/>.

## Banking

Having an account in a Polish bank definitely makes life easier. At the moment, most banks offer accounts that are free of charge if some condition is met (e.g. use of the card once a month, regular



receipts). Many Polish banks offer special accounts tailored to students. These accounts often come with benefits such as reduced fees, higher ATM withdrawal limits. Be sure to inquire about student account options when setting up your Polish bank account. Most of the bank employees also speak English, which is undoubtedly easier

for a foreigner.



Bankomat – ATM - you can withdraw money from it; most of them have explanations in English and a few other languages.

Kantor – a money exchange office; it is usually more convenient and has better rates than a bank .

Cheques are virtually obsolete in Poland, and it would likely raise eyebrows if you attempted to make a payment using this method. You may be kindly encouraged to opt for an alternative payment method.



## Airports

There are 15 airports located throughout Poland, with the main port being Frederic Chopin Airport in Warsaw. It is through this airport that most international connections are made, especially outside of Europe.



There is a list of all the airports in Poland:

[Warsaw Chopin Airport](#)

[Warsaw Modlin Airport](#)

[Warsaw Radom Airport](#)

[John Paul II International Airport Kraków-](#)

[Balice Gdańsk Lech Wałęsa Airport](#)

[Katowice Airport](#)

[Wrocław-Copernicus Airport](#)

[Poznań-Ławica Henryk Wieniawski Airport](#)

[Rzeszów-Jasionka Airport](#)

[Solidarity Szczecin-Goleniów Airport](#)

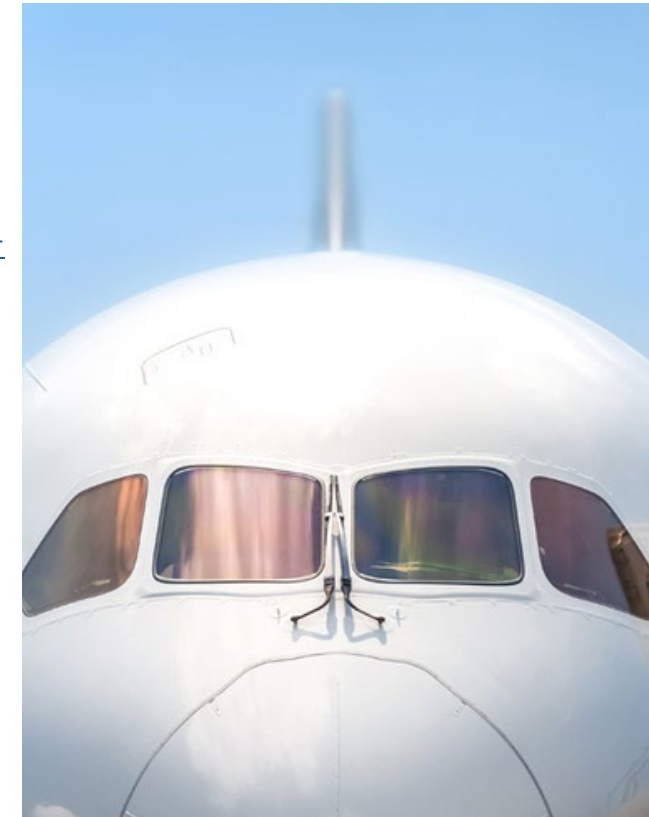
[Bydgoszcz Ignacy Paderewski Airport](#)

[Lublin Airport](#)

[Łódź Władysław Reymont Airport Olsztyn-](#)

[Mazury Airport](#)

[Zielona Góra-Babimost Airport](#)

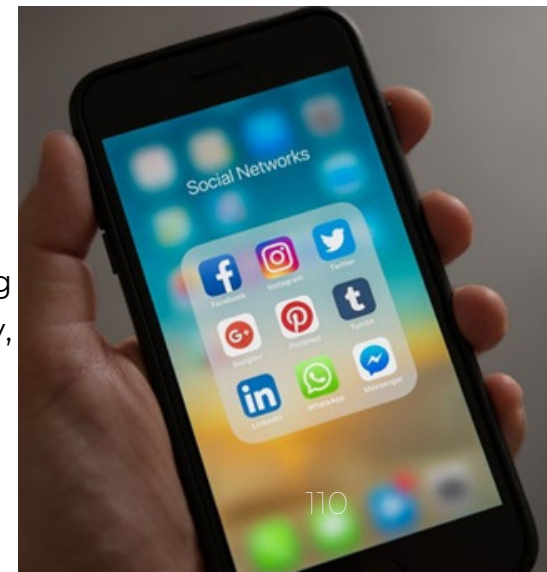


## Polish phone number

We strongly advise you to purchase a Polish SIM card.

### Why?

Because it is useful during an emergency, scheduling doctor's appointments, ordering taxis or food delivery, and many more. It will make your everyday life easier!





## How?

**Option 1.** Buy the SIM card from a shop or gas station:

- Bring your passport or ID,
- Register it in the shop or online.

**Option 2.** Choose a Polish provider online & follow the required steps.

**Option 3.** Ask your Mentor for advice.

## Mobile phone operators

Play, T-Mobile, Plus, Orange

## Polish people, what are we known for?



### Hard-working

'No work, no cake,' goes the old Polish saying.

### Hospitality

'A guest in the house, God in the house.' Hospitality is a major part of Polish culture. It is common for Poles to celebrate and meet at homes and, on many occasions, hosts prepare home-made meals. A remarkable showcase of Polish hospitality occurs during Christmas and Easter festivities.

## Delicious food

Please indulge yourself with amazing Polish meals: pierogi (with potatoes, cheese, fruits, mushrooms, or meats), tripe, bigos (sometimes translated to 'a hunter's stew'), salty brine, sauerkraut, curd, buttermilk, kefir, all kinds of barszcz ('borscht') and much more...

Don't be discouraged either by a name or the looks of some food – just try it and you'll always want to come back and eat more!



## Complaining

When you ask Poles how they are, anticipate an honest response rather than a customary 'fine,' regardless of the situation. You could hear about bad health, horrible traffic, unsatisfying jobs, annoying bosses and more... But don't worry! We love to laugh at it too! There are no better jokes than jokes about Poles made by... Poles themselves!





## Traditions

Poles take great pride in the cultural heritage they carry with them. From the cherished Christmas Eve ritual with its special dishes and family gatherings, to symbolic gestures like exchanging bread and salt, Poles firmly hold onto their traditions and deeply respect them.



Passing these traditions down from generation to generation is how Poles maintain a connection to their cultural identity and secure what makes them great.

That's why nurturing Polish culture is something Poles understand instinctively, celebrating it together during holidays and other memorable occasions when friends and family come together.

## Useful phrases

Yes – Tak [tahk] / No - Nie [nyeh]

Please – Proszę [proh-sheh]

Thank you – Dziękuję [jen-koo-yeh]

You are welcome – Nie ma za co [Nye-mah-za-tso]

Excuse me/I'm sorry – Przepraszam [psheh-prah-sham]



Hi/Hello/Bye – Cześć [cheshch] (not formal, can be used as a greeting or goodbye)

How are you? – Jak się masz? [yahk shey mahsh?] (usually follows a greeting)

Good morning/Good afternoon – Dzień dobry [jane-doh-brih] (standard formal daytime greeting for situations of unknown importance)

Good evening – Dobry wieczór [doh-brih vieh-choor] (standard formal evening greeting)

Good night – Dobranoc [doh-bra notes]

Cheers/Bless you – Na zdrowie [nah zdroh-vyeh] (used to toast someone / when someone sneezes)

I'm a student – Jestem studentem [yeh-stem stood-hen-tehm]

I don't understand – Nie rozumiem [nye ross-umyeh-mm]

I don't speak Polish – Nie mówię po polsku [nyeh moo-vyeh poh pohl-skoo]

I would like to order – Czy mogę zamówić (insert dish name here)? [ch mog-yeh za-moo-veetch (dish name)?]

How much is it? – Ile to kosztuje? [eel'e tho kosh-two-yeh?]

What is it? – Co to jest? [tso tho yeah-st?]

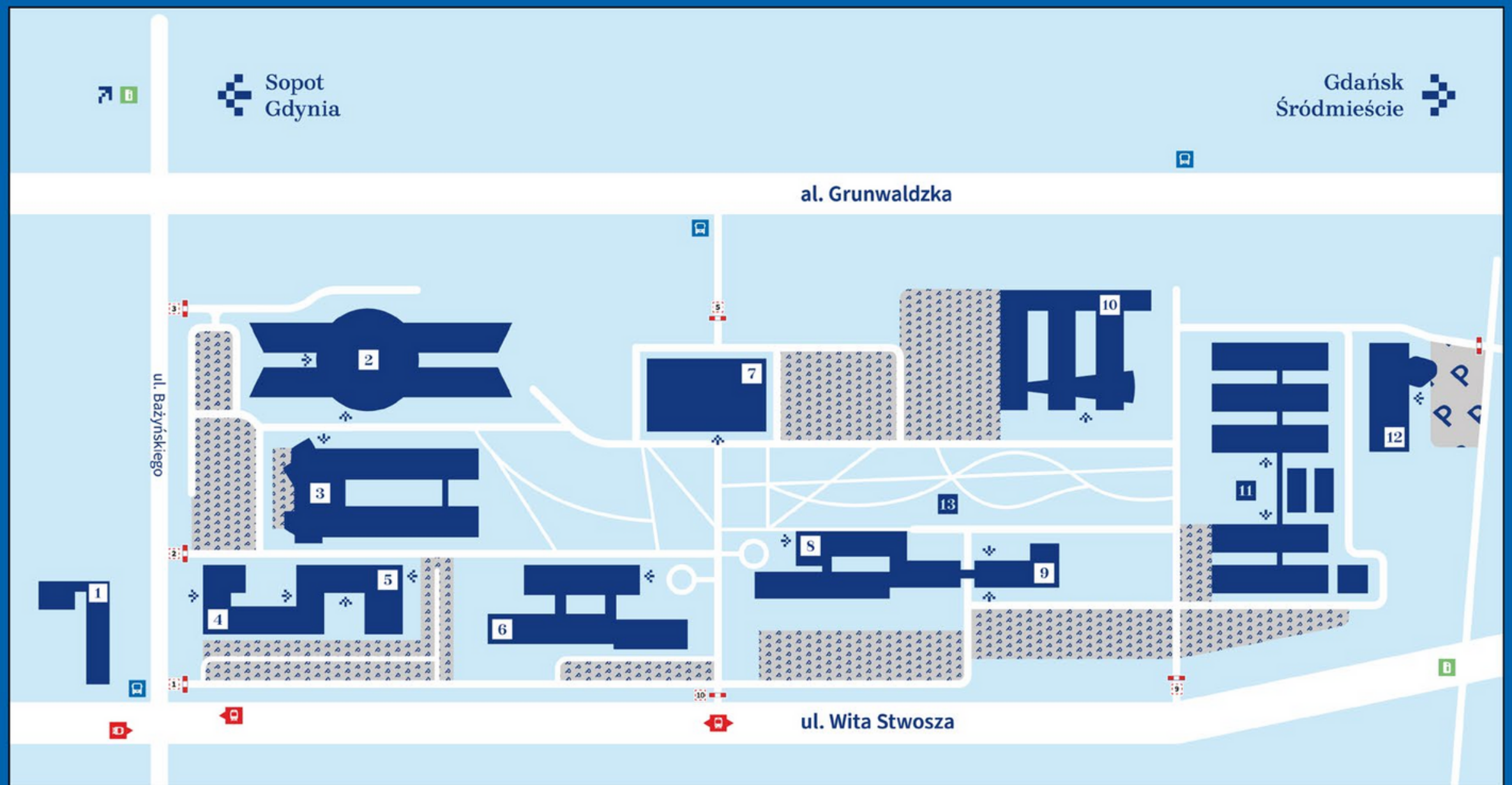


# MAP UG CAMPUS

[Take a virtual campus tour!](#)

## UG map

See the Campuses, Faculties  
and Dormitories



- |  |   |   |   |                                    |                           |
|--|---|---|---|------------------------------------|---------------------------|
| <b>1</b> 'Old Rectorate', Confucius Institute, International Centre for Theory of Quantum Technologies | <b>4</b> Rectorate                                    | <b>7</b> UG Main Library / Welcome Centre / Andrzej Wajda Film Centre | <b>10</b> Faculty of Biology                                  | <b>13</b> Maciej Płażyński EcoPark | Means of public transport |
| <b>2</b> Faculty of Social Sciences and Institute of Geography   | <b>5</b> Faculty of Languages – Neophilology Building | <b>8</b> Faculty of Mathematics, Physics and Informatics              | <b>11</b> Faculty of Chemistry                                | Entrance gate                      | Car park                  |
| <b>3</b> Faculty of Law and Administration   | <b>6</b> Faculty of Languages and Faculty of History  | <b>9</b> Institute of Informatics                                     | <b>12</b> Intercollegiate Faculty of Biotechnology UG and MUG | Building entrance                  | Car park                  |





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